

# What The Bible Says About

## The King's Children Should Not Worry (Part 2)



Good Hope  
Baptist Church

Living Together In The Love Of God

4038 Graham Sherron Rd  
Wake Forest, NC 27587

Pastor David Buffaloe  
Home 919-562-9456 Cell 919-600-4925  
online at bibleteacher.org

**Focal Text** Philippians 4:6-9 **Be careful for nothing;** but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. 8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. 9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.



Last week we saw how the world *makes merchandise* of us by promoting worry. The Apostle Peter spoke of false prophets who would *bring in heresies, denying the Lord that bought them* (2 Peter 2:3). These false prophets "through covetousness shall with false words make merchandise of you" (2 Peter 2:3). There are false prophets both within as well as without the Church. They operate not out of concern for God's people, but to market you, to through greed make money off of you. The television and news media present what they do not out of concern, but for money's sake.

You need to understand dear Christian that the world does not love you - it loves your money. On the other hand God cares nothing for your possessions, but

everything for you.

The God Who "owns a thousand cattle on a thousand hills" (Psalm 50:10) doesn't need your money nor your property. He has no ulterior motives, no hidden agenda. The God Who saved you is *omnipotent, omniscient, and omnipresent*. He is all powerful, all knowing, and always there. Here then is the first key to living without worrying yourselves to death:

**I Will Throw My Worries On God My Father**

**Focal Text** Philippians 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

If you are saved by faith in Christ then you are *in a relationship with God*. Christianity is a relationship - not a religion.

God gave everything of Himself to save you, and you gave everything of yourself to be saved. This is the *relationship of salvation*.

Jesus said:

**Mark 8:34-37** "Whosoever will come after me, let him deny himself, and take up his cross, and follow me. 35 For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it. 36 For what shall it

profit a man, if he shall gain the whole world, and lose his own soul? 37 Or what shall a man give in exchange for his soul? "

Salvation is a choice. To be saved you **lose your life for Christ's sake and the Gospel's**. You give your life to



**THE CHRIST-DIRECTED LIFE**

CHRIST is on the throne  
Self is yielding to Christ  
Interests are directed by Christ, resulting in harmony with God's plan

God, and He gives His life to you. The day you responded to the Gospel this was the state you were in. In addition to this, God the

Holy Spirit came into the framework of your life. You became Spirit indwelt, a Child of God by faith in Christ.

**When you worry you do not lose your salvation, but you do lose your bearing.** Like a ship without a compass you wander through the waters of life - and never experience the full joy of your salvation. In worry we forget who we are and forget who God is. The God Who saved you - Who shed His Blood on Calvary - Who bore your sins on the Cross - Who promised You the Indwelling Spirit of God - this God wants you to walk through life fully reliant on Him. Trials come our way



**THE SELF-DIRECTED LIFE**

SELF is on the throne  
Interests are directed by self, resulting in discord, frustration  
Christ is outside the life

not to break us, but to teach us to rely on God. Trials come our way not to humiliate us, but to remind us that **God alone is our salvation**. We are to humble ourselves not to the trial, but to God Who watches over us and is able to protect us. When the trial comes our response is not to worry:

**Focal Text** **Philippians 4:6** **Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.**

**WORD STUDY** but to carry our burden to God by **prayer, and supplication, with thanksgiving**. Look at those three words for a moment. "**Prayer**" is the Greek PROSEUCHE (προσευχη Pronounced pros-yoo-khay'), which means **to pray, to worship, to talk to God**. This word is used in *right conversation with Almighty God*. It is a worship filled discourse with the Lord Who saved you. It is love shared between the weaker saved and the Mighty Savior. It is a sharing of your heart and your fears with the Lord Who is able to overcome all things.

What is prayer to you? How do you speak to your King? \_\_\_\_\_

The first century Christian would be shocked at the way many people approach God the Father. To many who profess salvation God is "The Big Man upstairs", or "The kindly Grandfather Who I call on when I need money". God is approached with a whimsey, or else ignored until a trial comes. The Christian way of life is a *living*

*relationship with a living Almighty God*. The Apostle told the Philippian Christians earlier:

**CONTEXT** **Philippians 1:6** (New American Standard Bible) **For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.**

God began a good work in you the day that you were saved. God never starts a work He cannot finish. Trials come - not to break us - but to teach us to **approach**



**God as God**

**in our relationship**. He is God - I am not. Trials bring with it feelings - fearfulness and uncertainty. Rather than follow the feeling, God wants you to trust in the **FACT** of your salvation and have **FAITH** in Him. Go to Him in **worshipful prayer, surrendering the burden to Him**. He will see you through it.

What is God doing when He allows a trial to come my way? \_\_\_\_\_

**1 Peter 5:5-9 ... all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. 6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: 7 Casting all your care upon him; for he careth for you. 8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may**

**devour: 9 Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.**

God uses trials to strengthen us in our faith. When the trial comes we are to **humble ourselves under - not the trial - but the mighty hand of God. We cast all our cares upon Him, knowing He cares for us.** The Apostle goes on to warn us that the Devil our Adversary **wanders about roaring in the midst of the trial.** The Devil wants us to get our eyes off of God and onto our own solutions. The Lord says **resist the Devil in your faith, knowing that other brothers in Christ share the same afflictions.** That's how the Devil gets us. The trial comes, then we begin to try and resolve the situation ourselves.



We think "Poor me - no one else has suffered as I do". Then Satan offers a way out that compromises our faith, a way that puts us or the world on the Throne and not Christ.

When I see a trial and divorce it from God, then I will be overcome and fall in the devil's trap. When I see a trial through the loving eyes of God then I will be the overcomer and the Devil will lose.

God wants me to walk by faith, not by sight. Look at how He tried our Father Abraham. God said:

**Genesis 22:2 ... Take now thy son, thine only son Isaac, whom thou lovest, and get thee into the land of Moriah; and offer him there for a burnt offering upon one of the mountains which I will tell thee of.**

Here is a trial - one of the most grievous trials a parent can face. God said "**Take your only son Isaac to Moriah and offer him as a Burnt Offering to Me**". Abraham had waited for this child for over a hundred years. This was the child of the Covenant Promise. God had promised Abraham:

**Genesis 15:4-6 .... he that shall come forth out of thine own bowels shall be thine heir. 5 And {God} brought him forth abroad, and said, Look now toward heaven, and tell the stars, if thou be able to number them: and he said unto him, So shall thy seed be. 6 And he believed in the LORD; and he counted it to him for righteousness.**

that the child Isaac would be Abraham's heir, and that out of Isaac Abraham would have so many descendants that they would be *as the stars of Heaven*. Has God ever lied? No.

How did Abraham handle the trial of Isaac's sacrifice? Did he stay up all night worrying? \_\_\_\_\_

**Numbers 23:19 God is not a man, that he should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?**

God doesn't promise something then renege on that promise. You may not understand what God is doing, but Abraham figured that he didn't have to understand. God told him to sacrifice Isaac in Moriah, but God also told him that (1) Isaac would be his heir, and (2) out of Isaac many more sons should come.

Abraham didn't trust his feelings - he trusted the FACTS. He worshipfully prayed to God, and moved to do what God asked without discussing the "what ifs".

Abraham cast the cares of the trial on God, knowing that God is faithful. The Bible says:

**Hebrews 11:17-19** By faith Abraham, when he was tried, offered up Isaac: and he that had received the promises offered up his only begotten son, 18 Of whom it was said, That in Isaac shall thy seed be called: 19 Accounting that God was able to raise him up, even from the dead; from whence also he received him in a figure.

Abraham looked at it this way: "God has promised me certain things. If I kill Isaac, God is able to raise him from the dead. I will trust God!" This friend is the salvation that saves and the salvation that overcomes. The Christian way of life is to be

**Romans 12:12 (NASB)** rejoicing in hope, persevering in tribulation, devoted to prayer ..

When trials come, do not worry - concentrate on your

relationship with God. Carry the problem to Him Who loves you.

**Focal Text** **Philippians 4:6** Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

**WORD STUDY** The word "supplication" is the Greek DEESIS (δεησις pronounced deh'-ay-sis), which means "to make request for self or others". Take the burden to God and ask that He remove it. The Bible says:

**Psalms 55:22** Cast thy burden upon the LORD, and he shall sustain thee: he shall never suffer the righteous to be moved.

Am I permitted to carry my trial to the Lord? \_\_\_\_\_

When trials come, we as humans often magnify them by thinking "what if". We will look at the trial and then - projecting ourselves into the future - will magnify that trial beyond belief. Jesus said:

**Matthew 6:33-34** But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you. 34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.

We who believe are to live *one day at a time one step at*

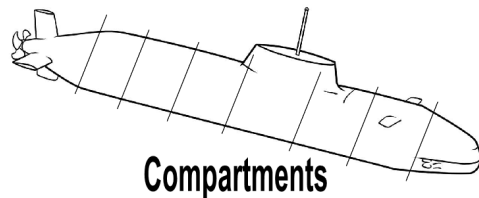
*a time.* The Lord wants us to take our trials and our burdens to Him. We are to ask Him for relief, not to worry about tomorrow.

The Devil makes Christians ineffective by yesterdays and tomorrows. He wants us to either abide in yesterday, regretting what is past, or to abide in tomorrow, worrying about that which is to come. Christ wants us to live *in this day for His Kingdom.*

The Lord expects His people to live one day at a time one step at a time. **Each day is a gift from God.** The Christian author Og Mandino (1923 - 1996; *The Greatest Salesman in the World*) said:

**"Each day is a special gift from God, and while life may not always be fair, you must never allow the pains, hurdles, and handicaps of the moment to poison your attitude and plans for yourself and your future. You can never win when you wear the ugly cloak of self-pity, and the sour sound of whining will certainly frighten away any opportunity for success. Never again. There is a better way."**

The better way is to trust in God, the Father Who saved you. I heard a wonderful illustration that is so applicable to this. When we think of a submarine, we think of it being one unit. But if you've ever walked through a submarine you know that it is actually divided into water tight compartments.



The sailor is taught to enter a compartment, pull the compartment door shut, and then progress through that compartment until you get to the next bulkhead door. You then open that door, step through, and close it before progressing again. Why does the sailor do this? If the submarine is attacked by closing and living in one compartment at a time the sailor keeps destruction away from the whole submarine. Now apply this illustration to your lives. If your life were a submarine, with the nose being your beginning and the tail being your finish, then the Lord Himself has established compartments in which you are to live.

Can I change yesterday, or control tomorrow? What can I change? \_\_\_\_\_

You can only live in TODAY. Shut the bulk head door on yesterday - you cannot fix it. Do not open the bulk head door on tomorrow until the Lord leads you to it. The great British Physician **Sir William Osier** said:

**" Shut off the past! Let the dead past bury its dead. ... Shut out the yesterdays which have lighted fools the way to dusty death. ... The load of tomorrow, added to that of yesterday, carried today, makes the strongest falter. Shut off the future as tightly as the past. ... The future is today. ... There is no tomorrow. The day of man's salvation is now. Waste of energy, mental distress, nervous worries dog the steps of a man who is anxious about the future. ... Shut close, then the great fore and aft bulkheads, and prepare to cultivate the habit of life of 'day-tight compartments'"**

I cannot change what is past, and I cannot change what is future. I must live in THIS day trusting the Lord of Eternity. Live in **day tight compartments**. Carry your burden to God in petition - then get busy serving Him with all your heart.

**Focal Text** **Philippians 4:6** Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

**WORD STUDY** The word translated "thanksgiving" is the Greek EUCHARISTIA (ευχαριστια pronounced: yoo-khar-is-tee'-ah). This means "to give grateful language to the Lord as an act of worship". We are to be grateful and thankful to God for the day He has given us. The Scripture says:

**James 4:14-15** Whereas ye know not what shall be on the morrow. For what is your life? It is even a vapor, that appeareth for a little time, and then vanisheth away. **15** For that ye ought to say, If the Lord will, we shall live, and do this, or that.

My life is **but a vapor, a morning fog**. When the bright sun of eternity rises my life, like London fog, will dissipate. That which gives my life eternity is the opportunity the Lord gives me to serve Him. British Missionary to China, **Charles T. Studd**, wrote the following poem:

Two little lines I heard one day,  
Traveling along life's busy way;  
Bringing conviction to my heart,  
And from my mind would not depart;  
Only one life, 'twill soon be past,  
Only what's done for Christ will last.

Only one life, the still small voice,  
Gently pleads for a better choice  
Bidding me selfish aims to leave,  
And to God's holy will to cleave;  
Only one life, 'twill soon be past,  
Only what's done for Christ will last.

When this bright world would tempt me sore,  
When Satan would a victory score;  
When self would seek to have its way,  
Then help me Lord with joy to say;  
Only one life, 'twill soon be past,  
Only what's done for Christ will last.

Give your burdens to God, and thank Him for them. He works in every Christian using those trials to shape you, to mold you, and to make you into the image of Christ. **You are - dear believer - predestined by God to be conformed to the image of Jesus Christ (Romans 8:29)**. Everything that comes your way comes with that purpose in mind. Do not worry - give the burden to God.

**If I Want The Peace Of God,  
I Must Follow His Methods For Life**

**Focal Text** **Philippians 4:6-7, 9** Be careful for

**nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. 7 And the peace of God .... 9 ... and the God of peace shall be with you.**

I want you to notice in closing how the Apostle uses an interesting phrase in two different ways: "**And the peace of God .... and the God of Peace**". Solomon said:

**Proverbs 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.**

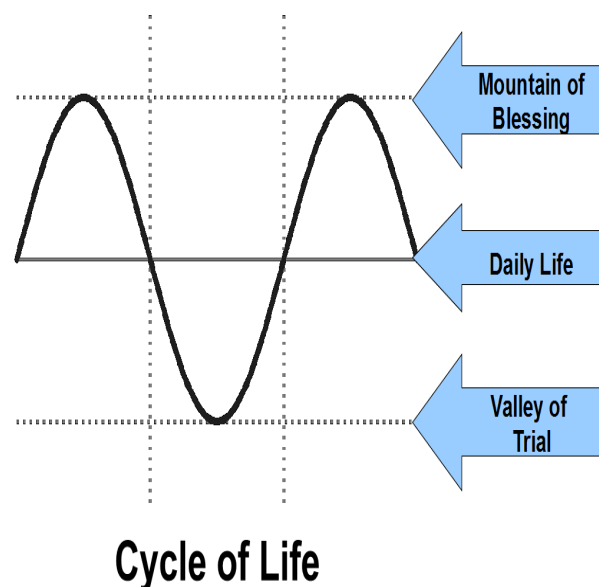
How do we have the **peace of God from the God of peace**? Is there some magic formula for receiving this? Absolutely not!

The Christian learns to stop worrying and start living the life that God has planned for him by getting in the habit of *doing what God says when God says it*. When we worry we are practicing the *habit of handling* the situation ourselves. This is something we did when we were unbelievers.

Worry is no more than practicing the habit of handling the situation yourself - something quite common among the unsaved. You are *now saved*. You must take yourselves in hand and teach yourselves a different habit!

Think about it. When I was an unbeliever, I ignored God when things were going well. When things went bad, I tried to fix it myself. Only when I couldn't fix the

situation did I turn to God in hope that this Cosmic Mystery would solve my problems. Every person on the



face of this planet lives in a **cycle of life**. What do I mean by that? No one lives their life on the **mountain of blessing**. No one. Each and every person on the face of this planet has

times when they are living on the mountain of blessing, times when they are living in the valley of trial, and times when they are just living. Consider the Apostle Paul. As an unbeliever, he was one of the top men in the Jewish Ruling Council, the *Sanhedrin*. He was on a **mountain of blessing** as far as he was concerned. Paul was trained by *Gamaliel*, one of the greatest of the Rabbis (**Acts 22:3**). **Mountain of blessing**. He was chosen to chase down and eradicate these upstart Christians (**Acts 22:4**). **Mountain of blessing**. Paul is knocked down by God on the Damascus Road, and shown that he was wrong by Jesus (**Acts 22:7 ff**). He was *blinded* on the Damascus Road (**Acts 22:11**). **Valley of trial**. He was chosen by God to be the Apostle to the Gentiles (**Acts 22:21**). **Mountain of blessing**. He was so mistrusted by his fellow Jews following his salvation

that he had to escape Jerusalem by being "let down by a wall in a basket" (Acts 9:25). **Valley of trial.** Paul was given the Gift of the Apostle, establishing Churches all throughout East Asia. **Mountain of blessing.** Paul could not lead his fellow Jews to Christ, for when he tried it led to his arrest and imprisonment (Acts 21:11). **Valley of trial.** God allowed Paul to look into Heaven and see wonderful things that he could not repeat to anyone (2 Corinthians 12:2). **Mountain of blessing.** To keep Paul from getting overly proud of what he saw, God sent a "messenger of Satan to buffet him" (2 Corinthians 12:7). **Valley of Trial.** Paul would eventually witness to the highest officials of Roman government. **Mountain of blessing.** In order to do that, he would witness in chains, and eventually be beheaded by Caesar's order as a traitor to the Empire. **Valley of trial.**

Paul's life - great as it was - was not spent on the Mountain of blessing. Just as it is with every person he had times on the Mountain, times in the Valley, and times when he just lived. Paul tells us:

**Focal Text** **Philippians 4:9** Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

Paul said "I have set an example for you, an example that you have learned, received, heard, and *seen in me.* You do this also." What was it that Paul did? It was very simple. The Apostle said:

**Focal Text** **Philippians 4:8** Finally, brethren, whatsoever things are true, whatsoever things are

honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.

When do you prepare to fight your enemy? \_\_\_\_\_

While you are on the Mountain of Blessing *dwell on the things of God.* The Apostle says that we are to pursue, to dwell on the things that are true, honest, just, pure, lovely, of good report, virtuous, and praiseworthy. When God gives you the relative peaceful times of life and the blissful mountaintop experiences you should not take these times for granted. Train. Read the Word of God. Chase after God by studying His Word and speaking to Him. Strengthen your relationship in Him. Train in the Christian disciplines. Paul told his trainee Timothy:

**2 Timothy 2:1-4** Thou therefore, my son, be strong in the grace that is in Christ Jesus. 2 And the things that thou hast heard of me among many witnesses, the same commit thou to faithful men, who shall be able to teach others also. 3 Thou therefore endure hardness, as a good soldier of Jesus Christ. 4 No man that warreth entangleth himself with the affairs of this life; that he may please him who hath chosen him to be a soldier.

Train yourself in the things of God while your life is at peace, knowing that trial may come at any minute. Prepare yourselves! Grow in God's Grace by growing in

your relationship with Him. Pursue the things that make for peace. Train yourselves while you are at peace, so that you will not fall apart when the harder trials come. Train yourselves by learning God, trusting His Word, by seeking His guidance moment by moment. Don't worry - learn to live as a Child of the King.

**Illustrate** There was a man who owned a rather large company. One day a government inspector came to see him. The inspector claimed that one of his workers had done something illegal, and that his violation would cause his company to be shut down. The inspector went on to tell the owner that he would "keep it under his hat" if he was paid five thousand dollars. The owner was in a quandary. What should he do? If word got out as to what the employee did, it would be in all the papers. The business would have been ruined. What should he do? After several sleepless nights of worry he went to see an attorney, who recommended that he go to the District Attorney and tell the whole truth. That's what the man did. When he shared his story with the District Attorney he found out that this so called "Government Inspector" was no more than a crook that had been blackmailing businesses for some time. In the end nothing happened to this man's business.

You never lose when you live as a Child of the King. Do not give in to worry, and do not compromise with Satan.

Dwell on the **whatsoever things** of God while you are in relative peace. That way when Satan's attack comes you will respond in a way that glorifies God and does not worry you into an early grave!

